



Sompting Larks Covid-19 Risk Assessment

To mitigate against potential of risk of members of Sompting Larks spreading Covid-19 we are adhering to the following principles:

- Practices will take place outside until such a time as there is confidence that indoor practices are permissible, and all members of the group are happy to take part in an indoor space following further risk assessment and mitigating actions taken.
- All dances must be performed so that dancers remain a minimum of 1m apart and there is no contact between dancers.
- Each set will be spaced well away from other sets.
- Musicians will remain a minimum of 2m away from the dancers and will only play non-wind instruments. If a wind instrument was required, it may only be used having assessed the risk at the time and precautions taken to ensure there is minimal risk of spreading Covid-19.
- All equipment (sticks, hankies, etc) is for the personal use of each dancer and will not be shared among other members. If there is a need to share sticks, these should be wiped down with antiseptic alcohol wipes/gel.
- Individual reusable cloth masks have been provided for every member and should be worn whenever possible
- When not dancing, all members will remain a minimum of 2m apart and if this is not possible, masks will be worn.
- Hand gel/sanitiser is available and individual members are encouraged to use this as required.
- Toilets are available on the premises and members are reminded to adhere to correct handwashing procedures after using them.
- It is the responsibility of each member to monitor their own health and to take necessary action should they feel unwell prior to a practice. It is also important that they advise the other members of such action via the Whatsapp group page, with updates following any test/improvements in health condition.
- While it is hoped that the above principles will allow all members to feel safe to practice with the Sompting Larks, it is each individual's choice to attend and they should feel no pressure to do so, just because others have made a personal decision to come along.